



ಕರ್ನಾಟಕ ಸರ್ಕಾರ

ಸಂಖ್ಯೆ: ಡಿಟಿಇ/08/ಎಲ್‌ಆರ್‌ಡಿ/2019-20

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ನಿರ್ದೇಶಕರವರ ಕಛೇರಿ
ತಾಂತ್ರಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ
ಬೆಂಗಳೂರು-560 001
ದಿನಾಂಕ:05-09-2019

-: ಸುತ್ತೋಲೆ :-

ವಿಷಯ:- ಶಾಲಾ ಮಕ್ಕಳಿಗೆ ಫಿಟ್ಟೆಸ್ ಮೌಲ್ಯಮಾಪನ ಹಾಗೂ Mobile App ಗಳನ್ನು ಪರಿಚಯಿಸುವ ಕುರಿತು.

ಉಲ್ಲೇಖ:- ಆಯುಕ್ತರು, ಯುವ ಸಬಲೀಕರಣ ಮತ್ತು ಕ್ರೀಡಾ ಇಲಾಖೆ, ರಾಜ್ಯ ಯುವ ಕೇಂದ್ರ, ನೃಪತುಂಗ ರಸ್ತೆ, ಬೆಂಗಳೂರು ಇವರ ಪತ್ರ ಸಂಖ್ಯೆ:ಡಿ.ವೈ.ಇ.ಎಸ್/ಬೇ.ಇಂ/05/2019-20, ದಿನಾಂಕ:14-08-2019.

ಮೇಲ್ಕಂಡ ವಿಷಯಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ, ಉಲ್ಲೇಖಿತ ಪತ್ರದನ್ವಯ ಭಾರತ ಸರ್ಕಾರದ ಖೆಲೋ ಇಂಡಿಯಾ ಯೋಜನೆಯಡಿಯಲ್ಲಿ Khelo India Mobile App (KIMA) ಹಾಗೂ ಶಾಲಾ ಮಕ್ಕಳಿಗೆ ಫಿಟ್ಟೆಸ್ ಮೌಲ್ಯಮಾಪನ ಕಾರ್ಯಕ್ರಮವನ್ನು ಪರಿಚಯಿಸಿ, ಹೆಚ್ಚು ಪ್ರಚಾರಗೊಳಿಸಿ, ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಉಪಯೋಗಪಾಗುವ ನಿಟ್ಟಿನಲ್ಲಿ ಜಾಗೃತಿ ಮೂಡಿಸಲು ಅಗತ್ಯ ಕ್ರಮ ಕೈಗೊಳ್ಳುವಂತೆ ಉಪ ಮಹಾ ನಿರ್ದೇಶಕರು, ಭಾರತ ಯುವ ವ್ಯವಹಾರಗಳು ಮತ್ತು ಕ್ರೀಡಾ ಮಂತ್ರಾಲಯ, ನವದೆಹಲಿ ಇವರು ಸೂಚಿಸಿದ್ದು, ಆದರಂತೆ ಸೂಕ್ತ ಕ್ರಮ ಜರುಗಿಸುವಂತೆ ಆಯುಕ್ತರು, ಯುವ ಸಬಲೀಕರಣ ಮತ್ತು ಕ್ರೀಡಾ ಇಲಾಖೆ, ಬೆಂಗಳೂರು ರವರು ತಿಳಿಸಿರುತ್ತಾರೆ. (ಫಲಿತಾಂಶ ಲಗತ್ತಿಸಿ)

ತತ್ಸಂಬಂಧ, Khelo India Mobile App (KIMA) ಹಾಗೂ ಶಾಲಾ ಮಕ್ಕಳಿಗೆ ಫಿಟ್ಟೆಸ್ ಮೌಲ್ಯಮಾಪನ ಕಾರ್ಯಕ್ರಮದ ಕುರಿತು, ರಾಜ್ಯದ ತಾಂತ್ರಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆಯ ಅಡಿಯಲ್ಲಿ ಬರುವ ಎಲ್ಲಾ ಸರ್ಕಾರಿ/ಅನುದಾನಿತ ಮತ್ತು ಅನುದಾನರಹಿತ ಪಾಲಿಟೆಕ್ನಿಕ್‌ಗಳಲ್ಲಿ ವ್ಯಾಸಂಗ ಮಾಡುತ್ತಿರುವ ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ಜಾಗೃತಿ ಮೂಡಿಸುವ ನಿಟ್ಟಿನಲ್ಲಿ ಅಗತ್ಯ ಕ್ರಮ ಕೈಗೊಳ್ಳುವಂತೆ ಎಲ್ಲಾ ಪಾಲಿಟೆಕ್ನಿಕ್‌ಗಳ ಪ್ರಾಚಾರ್ಯರಿಗೆ ಈ ಮೂಲಕ ಸೂಚಿಸಲಾಗಿದೆ.

ಜಂಟಿ ನಿರ್ದೇಶಕರು(ಸಿ.ಡಿ.ಸಿ.)
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ಇವರಿಗೆ:-

1. ರಾಜ್ಯದ ಎಲ್ಲಾ ಪಾಲಿಟೆಕ್ನಿಕ್‌ಗಳ ಪ್ರಾಚಾರ್ಯರಿಗೆ ಮಾಹಿತಿಗಾಗಿ ಮತ್ತು ಸೂಕ್ತ ಕ್ರಮಕ್ಕಾಗಿ.
2. ಇ-ಆಡಳಿತ ವಿಭಾಗಕ್ಕೆ ಇಲಾಖಾ ವೆಬ್ ಸೈಟ್‌ನಲ್ಲಿ ಪ್ರಚುರಪಡಿಸುವುದು.

KHELO INDIA MOBILE APP (KIMA)

The revamped KHELO INDIA has 12 components and has been launched to achieve the twin objectives of – **broad basing of sports and achieving excellence in sports**, which in turn will infuse a culture of sports at the grassroots level and enable it to derive benefits that sports offers, namely, holistic development of children and youth, community development, gender equality, healthy citizens, national pride and economic opportunities related to sport development.

Under this initiative KHELO INDIA a mobile app, *KHELO INDIA MOBILE APP* has been launched to enable the general public to get information and ease of access to the various aspects be it the basics of the game (HOW TO PLAY) to available playfields across India (WHERE TO PLAY) or mapping the fitness parameters of the young school going population of the country. The core objective is to provide a comprehensive, in-depth information to the users on various aspects of sports – from basic and standard rules of each sport, to playfield information to talent scouting for next generation of sportsmen through the use of latest technology. All these features would also help bring about a positive change in the perception for sports and enable a movement for creating a sports+ culture in our country

ABOUT KHELO INDIA MOBILE APP (KIMA)

It's a first of its kind of initiative by Government for the youth of India and helps to drive engagement and active participation by schools, parents for a fitter and active India. This mobile App is designed to use the latest available technology to reach the farthest areas of the country to enable a widespread use of the same at the grassroots level as well. Current editions have Hindi and English versions, which are poised to be increased to regional languages in future.

The mobile app is designed to provide in detail, exhaustive and exclusive set of information to the young Indian sports fans to enable and encourage them to play more and make sports an integral part of their life. The mobile App has 3 broad sections namely

1. HOW TO PLAY?

This section provides the basics of the game to the viewer – basic rules & regulations put across in animation form for each of the 18 sports disciplines to enable the user to get the latest rules and regulations. Phase 2 will get into the skills part training the children on the skills aspects to improve their game.

2. WHERE TO PLAY?

A repository of data of playfields across the country, which offer playing opportunities at their facilities for the users – it could be a range of services from playfields to coaching & training facilities, academies which offer their facilities to public for fee or otherwise. (Basically a comprehensive set of details) that are all available under one single umbrella under this App. SAI and other available govt. facilities will also feature in the App.

Going forward this APP will use crowd sourced data to list most of the available sports facilities across the country on an ongoing basis and will be able to become the largest repository of playfield information.

3. FITNESS MAPPING / TALENT HUNT

The fitness section has with two versions -- One is for the public at large and the other version is specifically customized for schools

- a) **General Public** – to enable every parent/ household to map the fitness level of their children
- b) **Schools Interface** – India has more than 1.5 million schools and 30 crore school going children (with another 7 cr who are either not in school or dropouts) and its very critical to manage and map the fitness levels of school going children in India

Fitness assessment of children is the most dynamic feature of the APP under, which, we propose to map the basic fitness levels of the kids starting as early as 5 years for all school going children in India. It's proposed that for age 5-8 years, we just do a very basic tabulation of data with height and weight metrics for awareness purpose only and the fitness tests are conducted for age 9 onwards. The data collected will be used to map the fitness levels of the children across the country and help to motivate parents, teachers and children to achieve suggested fitness benchmarks

The fitness app will also give us a unique opportunity for us to develop the **National fitness Index (NFI)** for the very first time ever for the children of this country. We have no such mechanism or currency existing as of now

The available fitness data will also help us map and identify the potential sports talent amongst the children and further used for mapping and recommending sports disciplines for shortlisted children. The fitness section *the most dynamic feature of APP* - **Identifying young sports talent** through a scientific fitness mapping exercise of children is a USP of this Mobile App.

File No. 6(1)/SAI/IT/Khelo India Mobile App/2018-19/2068

01.05.2019

Circular

Subject: Introduction of Khelo India Mobile Application (KIMA).

The Khelo India Mobile App (KIMA) was launched by Hon'ble Prime Minister of India on 27th February, 2019. The Khelo India Mobile Application will drive engagement and active participation of children and parents for a fitter and active India. Khelo India Mobile Application have Hindi and English versions, to reach the farthest areas of the country and enable a widespread use of the same at the grassroot level as well. It is designed to provide detailed, exhaustive and exclusive set of information to the young Indian sports fans to enable and encourage them to play more and make sports an integral part of their life.

2. KIMA has three main pillars viz. "How to Play" - learn basic rules and regulation about 18 Sports; "Where to Play"- neighbourhood Sports Field information and; "Get Fit" - to test the Fitness level of a child. The note in this regard is enclosed herewith.

3. Get Fit section is for the public/parent at large where the Fitness level of children can be measured, starting as early as 5 years for all school going children in India. The copy of fitness assessment test is also enclosed herewith.

4. Currently, in collaboration with CBSE we are targeting to reach out 22,000 CBSE schools across India, approaching Kendriya Vidyalaya (KVs) and schools of State Government. To use the App, all Regional Directors/ Director (In-charge) are requested to make efforts to popularize the app among all inmates and parents of all STCs/SAGs/Academies and come & play scheme under their administrative control. It is also requested that the Fitness Assessment App may be taken up with the counter parts in the State Governments to generate the awareness.

5. There is a dedicated team at SAI Head Office to help and share the knowledge about assessing the fitness level through mobile app. The nodal point of contact for this purpose will be Sh. Gurpreet Singh, Young Professional, IT and can be reached at Mobile: 9910835377 and e-mail id: sai.itcell@gmail.com and itdivision.saihq@gmail.com.

6. All Regional Directors/Director In-charge are requested to appoint nodal officers to coordinate with the team at SAI Head Office.


Sandip Pradhan
DDG, SAI

To,

ED NSNIS/Principal LNCPE/Regional Directors/Director In-charge

Copy to,

1. AD to DG (SAI)